



SCHOOL TO SCHOOL-STRATEGIC PARTNERSHIP

2015-1-AT01-KA219-005046

"MENS SANA IN CORPORE SANO"

FOOD, NUTRITION, EATING HABITS, HEALTH AND DISEASE AT
EUROPEAN SCHOOLS AS AN (INTER)CULTURAL MIRROR

5. Cross students exchange

Focus "Eating disorders"

Desenzano del Garda (Italy)

27th November – 03rd December 2016



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PROGRAM OVERVIEW

Lesson	Monday	Tuesday	Wednesday	Thursday	Friday
1	Project work	Excursion Milan	Classroom immersion (Psychology)	Classroom immersion (Chemistry)	Classroom immersion (Psychology)
2	Project work		Excursion Verona	Workshop "Eating disorders" Conference with the psychologist"	Project work
3	Project work				Project work
4	Project work			Classroom immersion Workshop (Art education/Graphics)	Project work
5	Project work			Classroom immersion Workshop (Art education/Graphics)	Project work
6	Lunch break			Lunch break	Lunch break
7	Classroom immersion (Physical Education)			Excursion Sirmione del Garda	Shopping centre "Il leone"
8	Classroom immersion (Physical Education)				Preparations for the farewell event
9	Visit of Desenzano				Farewell event

DETAILED PROGRAM OVERVIEW

Sunday 27th November	Arrival of participants
Monday 28th November	08h00 – 09h50: Project Work Icebreaking and socialising activities Visit of the school 09h50 – 10h05: Break 10h05 – 11h50: Project Work Presentation "Eating disorders" 11h50 – 12h05: Break 12h05 – 13h00: Project Work Presentation "Eating disorders"
	13h00 – 14h05: Lunch break
	14h05 – 15h50: Classroom immersion (Physical Education) Step activities and team activities
	From 16h30: Free time activities - Desenzano
Tuesday 29th November	08h00 - 22h00: Excursion to Milan Sightseeing Free time
Wednesday 30th November	08h00 - 08h55: Classroom immersion (Psychology) 08h55 – 18h00: Excursion to Verona Sightseeing Free time
Thursday 01st December	08h00 – 08h55: Classroom immersion (Chemistry) 08h55 – 09h50: Workshop Conference with the psychologist (Part I) 09h50 – 10h05: Break 10h05 – 11h00: Conference with the psychologist (Part II) 11h00 – 11h50: Classroom immersion (Graphics – laboratory activity) 11h50 – 12h05: Break 12h05 – 13h00: Classroom immersion (Graphics – laboratory activity))
	13h00 – 14h05: Lunch break
	from 14h30 to 18.30: Excursion to Sirmione by private bus
Friday 02nd December	08h00 - 08h55: Classroom immersion (Psychology) 08h55 – 09h50: Project Work (Evaluation) 09h50 - 10h05: Break 10h05 - 11h50: Project Work (Preparations for the farewell event) 11h50 – 12h05: Break 12h05 – 13h00: Project Work (Preparations for the farewell event)
	13h00 – 14h05: Lunch break
	14h05 – 16h00: Shopping centre "Il leone"
	16h00 – 17h00: Preparations for the farewell event
	from 17h00: Farewell event in the main hall (auditorium) of the school Presentation and prize giving of the project outcomes Buffet
Saturday 03rd December	Departure of participants